



# THERAPY & REHABILITATION



# Therapy & Rehabilitation

With a focus on Hot & Cold Therapy, Exercise, Post-Surgery Rehabilitation, and Pain Management, Graham-Field has a wide selection of products to elevate your patient care and achieve results.

## Exercise Rehabilitation

### Exercise Pulley Set

- Increases range of motion
- Low impact exercise to tone muscles and stimulate circulation
- Item No. 1001P



### Pedal Exerciser

- Low-impact aerobic exercise to stimulate circulation and tone arm or leg muscles
- Item No. GF1965-1KD Retail Box  
GF1965-1 Non-Retail Box



### Thera-Putty®

- Strengthens fingers, hand, and forearm
- Available in 5 density levels

Item No.	Color	Density
2013	Tan	Extra-Soft
2013-S	Yellow	Soft
2013-SM	Red	Soft-Medium
2013-MF	Green	Medium-Firm
2013-F	Blue	Firm



2 oz

### Exercise Weights

- 9 weight sizes available
- Color coded and marked for quick identification

Item No.	Color	Weight	Item No.	Color	Weight
1891	Orange	1 lb / .45 kg	1897	Blue	4 lb / 1.81 kg
1893	Dark Brown	1.5 lb / .68 kg	1898	Gold	5 lb / 2.27 kg
1894	Turquoise	2 lb / .91 kg	1899	Red	7.5 lb / 3.40 kg
1895	Tan	2.5 lb / 1.13 kg	1900	Black	10 lb / 4.5 kg
1896	Green	3 lb / 1.36 kg			

Item No.	Color	Density
2014	Tan	Extra-Soft
2014-S	Yellow	Soft
2014-SM	Red	Soft-Medium
2014-MF	Green	Medium-Firm
2014-F	Blue	Firm



4 oz



## Post-Surgery Rehabilitation

### Hip-Kit

- 5 essential items to help avoid bending and twisting hip or knee
- Includes: dressing stick, shoe horn, sock aide, long handled sponge, and reacher
- Item No. 5590R-1



### Sitz Bath

- Ideal for rehab from hemorrhoids and other anal or genital conditions
- Item No. 3209



### Invalid Rings

- Help relieve pain and pressure associated with hemorrhoidal surgery
- Available in vinyl, foam, or inflatable rubber



Item No.	Size	Material
1821	Rubber	16 in / 41 cm Round
1822	Rubber	18 in / 46 cm Round
1823	Foam	16 in X 12 in 41 cm x 31 cm
DM82	Foam	16 in X 12 in 46 cm x 31 cm
1819	Vinyl	14.5 in / 37 cm Round

### Bandages

- A wide range of bandages to help reduce swelling, provide support, and aid in wound care



Item No.	Material	Size	Item No.	Material	Size
18CVT142222	Cotton Bandage with Clips	2 in / 5 cm Wide	1565C-4	Medicopaste Bandage with Calamine	4 in / 10 cm Wide
CVT142226	Elastic Bandage with Clips	6 in / 15 cm Wide	1565 3	Medicopaste Bandage	3 in / 8 cm Wide
1981E-2	Elastic Bandage with Self Closure	2 in / 5 cm Wide	UNNA4	Unna's Boot Dressing	4 in / 10 cm Wide
8661	Elastic Bandage with Self Closure	35 in x 35 in X 50 in 89 cm x 89 cm x 127 cm	UNNA-C4	Unna's Boot Dressing with Calamine	4 in / 10 cm Wide
1565 4	Medicopaste Bandage	4 in / 10 cm Wide	UNNA3	Unna's Boot Dressing	3 in / 8 cm Wide

# Hot & Cold Therapy

## Hot & Cold Wraps

- Provides relief from sinus, neck, shoulder and muscle aches
- Microwavable and reusable
- Freeze for cold therapy
- Item No.  
2070R-1 Eye & Sinus Wrap  
2072R-1 Neck & Shoulder Wrap



## Moist Heat Pads

- Effective method of applying moist heat
- Available with electric or non-electric pad

Item No.	Description	Size
4507-1	Moist Heat Pad	12 in x 15 in 30.5 cm x 38.1 cm
2086	Moist Heat Pack	10 in x 12 in 25 cm x 31 cm
2087	Moist Heat Pack	5 in x 12 in 13 cm x 31 cm
2088	Moist Heat Pack	9 in x 24 in 23 cm x 61 cm



# Medical Rehab Equipment

## Platinum Collection Bath Seats

- Designed to assist with safe bathing during rehab
- Available in multiple colors
- Available with or without backrest

Item No.	Description	Color
7921R	With Backrest	White
7931R	Without Backrest	White
7921RB	With Backrest	Blue
7931RB	Without Backrest	Blue



## Uprise Onyx Walker

- Combo of folding walker and rising aid all in one
- Secondary handles provide sit to stand assistance
- Item no.  
700175CR  
700175C-2



## Hot & Cold Gel Packs

- Gel formula provides relief for muscle aches
- Microwavable and reusable
- Freeze for cold therapy

Item No.	Size
HC100	4.5 in x 7 in 11.4 cm x 18 cm
HC101	6 in x 9 in 15 cm x 23 cm



## Instant Cold Packs

- Disposable cold packs for cold therapy
- No refrigeration needed

Item No.	Size
C100	5 in x 5 in 13 cm x 13 cm
C101	6 in x 8.5 in 15 cm x 21.6 cm



## Hot Water Bottles

- Leak proof and seamless rubber bottles for heat therapy
- Item No.  
HT9013 Retail Box  
3868-1 Non-Retail Box



## English Ice Bag

- Reusable Ice bag to help reduce swelling and pain

Item No.	Size
HT9007	6 in / 15 cm
HT9008	9 in / 23 cm
HT9009	11 in / 28 cm



# Rehabilitation Positioners

## Bed Wedge

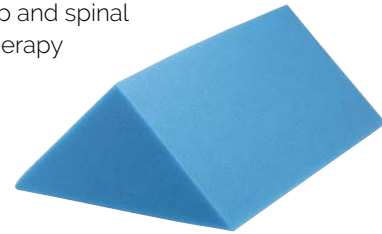
- Elevates legs, head or shoulder during therapy

Item No.	Size
7-2395R	24 in x 24 in x 12 in 61 cm x 61 cm x 30.5 cm
7-2393R	24 in x 24 in x 10 in 61 cm x 61 cm x 25.4 cm
7-2394R	24 in x 24 in x 7 in 61 cm x 61 cm x 17.8 cm



## Body Aligner

- Promotes proper hip and spinal alignment during therapy
- Item No. 5004



## Cervical Pillow

- Promotes proper hip and spinal alignment during therapy
- Item No. DM43



## Sleep Therapy Pillow

- Encourages proper head, neck, and spine alignment during sleep
- Properly cradles the head to prevent from rolling unnecessarily
- Item No. DM47



# Pain Management

## TENS

- Disrupt the pain cycle by delivering a non-painful sensation that closes the pain gate
- Can trigger body to release endorphins to help reduce the feeling of pain
- Available in Analog, Digital, and Over-the-Counter



### Digital

(Rx Required)

Item No.

GF-TX5 Digital TENS

GF-DF5 Premium TENS/EMS



### Analog

(Rx Required)

Item No.

GF-3 Analog TENS

GF-3T Analog TENS with Timer



### Over-the-Counter

(No Rx Required)

Item No. GF-TT5 TERA TENS

